





ANGKOR ULTRA TRAIL – JANUARY 2019 EXPERIENCE THE RACE IN ANOTHER WAY

Touristic program 10 Days/9 Nights

«Whether running or walking was our only goal, we will pass next to unforgettable moments»

ANGKOR/SIEM REAP and HO CHI MINH CITY (SAIGON) with L'Amant Cruise on Mekong River

HO CHI MINH CITY (SAIGON) - CU CHI TUNNELS - MEKONG DELTA- SIEM REAP (MDL-04)

Day -3 SATURDAY, 12nd 2019 – ARRIVAL IN HO CHI MINH CITY (SAIGON)

Upon arrival, welcome by the local guide at Tan Son Nhat airport, transfer and checkin at the hotel.

Note: Rooms are available from 2pm.

Explore Ho Chi Minh City, the economic capital of the country. Visit the **old colonial residential quarter**, including the City Hall, built from 1902-1908 in a French colonial style, Opera House, built in 1897 by French Architect Eugene Ferret, the contemporary **Reunification Palace** (inside) and the elegant 19th century **Notre-Dame Cathedral**.



Then, stroll around the **Central Post Office** built, neoclassical architectural style, built in the early 20th century by Eiffel.

Diner at local restaurant.

Overnight in Ho Chi Minh City.

Day -2 SUNDAY, 13nd 2019 - HO CHI MINH (SAIGON) - TAY NINH - CU CHI TUNNELS - HO CHI MINH CITY (B/L)



After breakfast, depart to Tay Ninh, **the Holy See of Caodaism**, about a hundred kilometers away from Ho Chi Minh City. The outstanding and colorful building integrates elements from all the religions it represents, turning out into a surprising and colorful mix, with a dominance of blue, red and yellow, which is the respective colors of Taoism, Confucianism and Buddhism. Attending to one of the 4 daily masses is an interesting thing to do by the travelers.

In the afternoon, drive to one of the most dramatic site in the history of the Vietnam War: **Cu Chi Tunnels.**

Visit the underground city, an immense network of connecting underground tunnels, and are part of a much larger network of tunnels that underlie much of the country. The tunnel systems were of great importance to the Viet Cong in their resistance to American forces,

and helped to counter the growing American military effort.

Return back to Ho Chi Minh City in the late afternoon.

Overnight in Ho Chi Minh City.

(D)

Day -1 MONDAY, 14th 2019 - HO CHI MINH CITY (SAIGON) - MY THO - CAI BE

(B/L/D)

In the morning depart to My Tho in the heart of the Mekong Delta and check-in on board of L'Amant. There will be a short introduction of the crew and the ship, followed by **lunch on board**. The

cruise begins toward Cai Be.

Early afternoon board on a sampan boat for a short cruise through the boats that come daily to sell their products: fruits, vegetables, fishes... Then sail through the numerous arroyos and be captivated by the serenity of the Mekong Delta. Visit an ancient colonial house and a rice popcorn factory and taste the local specialties. Return back on board; depart to Vinh Long and free time at leisure on the sundeck or enjoy a soothing foot massage (with supplement).



Dinner on board and will be followed by the projection of the film "L'Amant" or "Indochine".

Overnight on board.

Day 1 TUESDAY, 15th 2019 – CAI BE – SA DEC – HO CHI MINH CITY (SAIGON) – FLIGHT TO SIEM REAP (B/L)



In the footsteps of Marguerite Duras.

After breakfast, the boat heads toward Sa Dec.

Upon arrival, check-out time before boarding on a local boat to reach Sa Dec city, the old-fashioned town, famous for its flowers and bonsai plants, and where the famous French Writer Marguerite Duras spent her childhood.

Stroll through the lively market streets of this fascinating town, toward the tomb of L'Amant (the Lover) and his parents. Visit a Chinese temple and pass-by the school where Margerite's mother has taught (an opportunity to interact with the

students), as well as the house where she used to live with her children.

Lunch is at local restaurant.

Drive back to Ho Chi Minh City for the flight to Siem Reap. (VN815//SGN-REP//19H35-20H35)*

Welcome by the local guide at Siem Reap airport, transfer and check-in at the hotel.

Diner is at your leisure.

Overnight in Siem Reap.



Accommodation selected:

Category standard

Hotel	Category		Room Category	Price per pax (double occupancy)	Price per pax (single occupancy)
Ho Chi Minh City	Northern Saigon	***	Superior		
Mekong Delta	L'Amant (non privatized)	****	Main Deck		
Price including flight (190€) (Vietnam/Cambodge)				935 €	1180€

This trip will be effective provided you have a minimum of 6 people at the start

DREAM AROUND THE TEMPLES OF ANGKOR...

Day 2 WEDNESDAY, 16th 2019 - SIEM REAP

(B/L)

After breakfast, visit the ancient capital of **Angkor Thom**, a huge architectural complex with the famous Bayon Temple at its centre. This mountain-temple was once surrounded by 54 towers. On each of the 37 remaining, 4

enigmatic faces can still be recognized. Then, explore **Baphuon**, which was fully restored by a team of French archaeologists after 16 years of work.

Lunch is at local restaurant.

In the afternoon, visit **Angkor Wat** (early-mid 12th century) dedicated to the Hindu god Vishnu. This magnificent temple-mountain, built by King Suryavarman II is considered as the masterpiece of the Khmer architecture and art.

Later, discover the natural essence of Cambodia by visiting a handicraft centre.

Finally, enjoy a surprising **circus show** combining creativity, energy and originality, all acquired from the Khmer culture.

Diner is at your leisure.

Overnight in Siem Reap.

Angkor, ancient capital of the Khmer Empire

Its mystery lies in these ancient ruins now classified as a World Heritage Site by UNESCO.

Originally Hindu, the various ruins became gradually Buddhists and were long lost in the tropical jungle. Today, the site impresses majesty and grace on its buildings, and a walk through Angkor is a unique opportunity to go back in time.

Day 3 THURSDAY, 17th 2019 – SIEM REAP – KBAL SPEAN – BANTEAY SREI – SIEM REAP

(B/L

After breakfast, drive to **Kbal Spean**, the "River of a Thousand Lingas", located about 50 km north of Siem Reap.



Upon arrival, walk through the forest (45 minutes) and explore the river where the bedrocks are engraved with Apsaras and countless symbols of the god Shiva. It was believed that the linga fertilized the water that irrigated the rice fields underneath.

Lunch at local restaurant.

In the afternoon, drive through to the famous **Bantey Srey Temple** the "Citadel of Women". This small pink sandstone temple (late 10th century) is considered to be

a jewel in the crown of classical Khmer art because of its delicate carvings.

Then, return back to Siem Reap through the Cambodian countryside and stop at a centre of the golden silk production to learn about this ancient craft, followed by the visit of the marvellously restored **Bantey Samre Temple**. Diner is at your leisure.

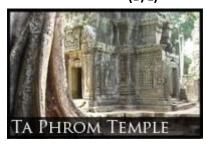
Overnight in Siem Reap.

Day 4 FRIDAY, 18th 2019 – SIEM REAP

(B/L)

After breakfast, visit the twin temples of **Thommanon and Chau Say Tevoda**, the **unfinished temple-mountain of Ta Keo**, the holy **water basin of Srah Srang**, and the **Banteay Kdei monastery**.

Finally, discover the fascinating **Ta Phrom Temple**, probably one of the most famous monuments with Angkor Wat and the Bayon. This former monastery is still surrounded by the jungle.



Lunch at local restaurant.

In the afternoon, pick-up the official T-shirt with number. The rest of the day is at leisure.

Dinner at your leisure.

Overnight in Siem Reap.

Day 5 SATURDAY, 19th 2019 - SIEM REAP

(B)

Race day.

Day 6 SUNDAY, 20th 2019 - SIEM REAP

(B)

The day is at leisure in Siem Reap.

Day 7 MONDAY, 21st 2019 - SIEM REAP (DEPARTURE)

(B)

After breakfast, depending on the flight schedule, transfer to the airport (without guide) for the departure flight. **Note:** Rooms shall be released by 12pm (noon).

End of our services.



Accommodation selected in Siem Reap:

Accommodation in double occupancy room in Siem Reap

Hotel	Category	Room Category	Price per pax (double occupancy)	Price per pax (single occupancy)
Siem Reap (3*) Standard	***	Standard	520 euros	685 euros
Siem Reap (4*) Superior	***	Deluxe	593 euros	824 euros
Siem Reap (5*) DE luxe	****	Superior	839 euros	1233 euros

Total trip including flight Vietnam – Cambodia HO CHI MINH CITY – CU CHI TUNNELS – MEKONG DELTA – SIEM REAP	Price per pax (double occupancy)	Price per pax (single occupancy)
Hotel Category - Siem Reap (3*) Standard ★★★★	1455 euros	1865 euros
Hotel Category - Siem Reap (4*) Superior ★★★★	1528 euros	2004 euros
Hotel Category - Siem Reap (5*) Deluxe	1774 euros	2413 euros

Our prices include:

- Accommodation in shared double or twin room at hotels selected.
- Transfer by private air-conditioned vehicle as per program.
- English or French speaking guide for each area as per program.
- Entry fees for all sightseeing as mentioned on the program.
- Boat for cruises mentioned.
- Meals as mentioned on the program: (B) for breakfast, (L) for lunch or (D) for dinner.
- In vehicle, 2 complimentary bottles of drinking water (50cl) per person and per day
- Government taxes currently in force (VAT...)
- Flight Saigon-Siem Reap

Our prices do not include:

- Visa for Cambodia: Visa fee is US\$ 30 (current charge) and payable on the spot upon arrival. One
 passport size picture is required.
- Visa into Vietnam
- Insurances.
- Drinks, tips, personal expenses and all services not clearly mentioned.

Note:

- Offer subject to availability.
- Program is subject to change without prior notice due to airlines unexpected changes of schedule or flight cancellations.
- We reserve the right to adjust the prices at any time in the event of an increase of the fuel surcharge applied by airlines companies or any other transport companies.

Cancellation

Cancellation fees

Period before departure	Cancellation fees
45 days or more	\$ 125 per file, rest of deposit refunded*
44 to 30 days	25% of the price of the trip
29 to 15 days	50% of the price of the trip
14 to 7 days	75% of the price of the trip
Less than 7 days	100% of the price of the trip

^{*} After deduction of bank charges.

Accompanied people can benefit from the touristic and cultural trip without participation in the race nor the humanitarian walk



All our tours are led by PHOENIX Voyages. Phoenix Voyages Group is an inbound travel agency, created in 1999 in Vietnam, which is now also located in Myanmar, Cambodia, Laos, Thailand and the Koreas. Phoenix Voyages is a team of over 120 people, consisting of local and expatriate staff, trained to deliver high quality services in French, English and Spanish.

These professionals are at your service with their multitude of abroad experiences.



16 Street Jean Cocteau 95350 Saint Brice sous Forêt / France

Tel / fax: 01 39 94 01 87 Site Internet: www.ultratrail-angkor.com. E-mail: sdpo@sdpo.com